

MODBURY PARISH COUNCIL EMERGENCY SUPPORT PLAN

As the April Messenger goes to press the government has announced further measures to slow the spread of Coronavirus - Covid 19. In response to the government's stated priority of shielding the most vulnerable, the Parish Council has announced an Emergency Support Plan to particularly assist the older members of the community having to cope with the effects of severely reduced social contact and everyday life. There is particular concern for those who have existing medical conditions that could result in a more severe illness if infected with Coronavirus and therefore need to self-isolate for a protracted period.

Who is most vulnerable?

- People aged 70 or older (regardless of medical condition)
- People under 70 with an underlying health condition listed below:
- Chronic respiratory diseases such as asthma
- Chronic obstructive pulmonary disease (COPD)
- Emphysema or bronchitis
- Chronic heart disease, such as heart failure
- Chronic kidney disease
- Chronic liver disease, such as hepatitis
- Chronic neurological conditions such as Parkinson's disease, motor neurone disease, multiple sclerosis (MS), a learning disability or cerebral palsy
- Diabetes
- A problem with your spleen such as sickle cell disease or if you have had a spleen removed
- A weakened immune system such as HIV and AIDS or medicines such as steroid tablets or chemotherapy
- Being seriously overweight (a Body Mass Index (BMI) of 40 or above)
- Those who are pregnant

The Parish Council's Emergency Support Plan

The objective of the plan is to provide practical assistance with shopping, obtaining medication, posting letters, dog walking etc.

This will be achieved by Volunteer Care Wardens living nearby who can be contacted by phone.

The Support Plan is NOT in any way a medical service (other than collecting prescriptions or over-the-counter medications) or an alternative to NHS 111. The volunteers are not medically qualified to give advice or opinions.

How the Support Plan works

The town is divided into ten districts in street clusters. In addition, there are two districts, one to the north and one to the south of the A379, which reach out to outlying hamlets, farms and properties.

Each district will have at least one Volunteer Care Warden who can be contacted by phone to provide the kind of practical help described above (shopping, prescriptions etc.)

The Emergency Support Team are currently trying to build a database of those in the community that are in the vulnerable category. They can then be contacted by phone or by a note through their door, advising of the help available and providing the contact number for their local Volunteer Care Warden.

The Emergency Support Team is liaising with the Health Centre and with the local NFU (for outlying farms and rural locations). While these organisations will be aware of those in need of assistance they cannot divulge highly confidential information. Therefore they have agreed to make available information on the support available, to those that need it.

Where we need the community's help

There are three key community roles:

- **Volunteering to be a Care Warden.** Just email peterwatts@modburypc.co.uk or colinwhybrow@modburypc.co.uk or call the **Special Support Line number on 01548 897 534** and leave a message. Your phone no will be automatically registered so that we can return your call.
- **Identifying the most vulnerable.** If you know someone who is vulnerable, let us know so we can pop a note through their door to say help is available. A special email has been set up for this: emergencysupport@modburypc.co.uk

- **Being a good neighbour.** Ask those around you who may not be in the 'vulnerable' category, but who you know will find life difficult due to their circumstances, if they need help. A young woman in Cornwall has created an excellent little card that can be popped through a neighbour's door to let them know you can be contacted for help independently of the Parish Council's Emergency Support Plan, which is focused on the most vulnerable. The card is recreated here for your use, two copies are here for you to use. If you need more copies of the card contact modburymessenger@gmail.com.

Volunteer Care Warden Districts

These are the Modbury Districts. Don't worry if your street is not specifically named, it will be covered.

1. Galpin Street, Scalders Lane and adjacent streets.
2. Broad Street and Church Street
3. Poundwell and New Road
4. Benedict Way, The Priory and Church Lane
5. Barracks Road, Champernowne and Long Park
6. Palm Cross Phases One and Two
7. Dark Lane, Oakwood Drive and Cromwell Park
8. Brownston Street and roads off inc. Back Street
9. Brownston
10. Silverwell Park, Ayleston Park and Tuckers Brook
11. Hamlets, farms and outlying properties north of A379
12. Hamlets, farms and outlying properties south of A379

Sources of information

Go to www.gov.uk and click on the red banner. There is a wide range of helpful information and advice here from Public Health England and it is very clearly laid out and easy to access.

The Parish Council's website www.modburypc.co.uk is having a Coronavirus – Corvid19 button added to the home page to take you to sources of information and to explain further the Parish Council's Emergency Support Plan.

A special email is set up to assist communication: emergencysupport@modburypc.co.uk

A special Emergency Support telephone number is set up on 01548 897 534 This is not the Parish Office number as the Parish Office is closed until further notice. We are not able to practically accommodate the 2 metre distance requirement and we have a duty of care to safeguard Councillors and the Parish Clerk.

The Emergency Support line will automatically identify the phone no of the incoming call and immediately email a sound file of the message to nominated members of the Emergency Support Team so that they can return the call or forward to another team member for action.

Modbury Parish Council

HELLO !

If you are self-isolating, I can help

My name is.....

I live locally at.....
.....

My phone no is.....

If you are self-isolating because of Coronavirus I can help with:

Picking up shopping

Posting mail

A friendly phone call

Collecting prescriptions or urgent supplies

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact by keeping 2 metres apart. Wash hands regularly.
Shopping will be left on your doorstep

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Posting mail

A friendly phone call

Urgent supplies

Just call or text me and I'll do my best to help you (for free!)

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#ViralKindness

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