COMMUNITY DEFIBRILLATOR TRAINING

In Modbury we have two community defibrillators for use by members of the public in an emergency where someone’s heart has stopped beating effectively.

South Western Ambulance Service offer free training sessions for members of the public to learn/practice the necessary skills to make a difference. The session covers care of an unconscious patient, Cardio-pulmonary Resuscitation (CPR), safe use of a defibrillator and information on other medical emergencies.

I will be running a session for interested individuals at the Memorial Hall on Thursday 26th October commencing at 19:00 hours.

Actions taken by members of the public can be crucial in these kind of emergencies - DON’T LEAVE IT TO SOMEONE ELSE, come along to the session and make sure you are prepared.

If you are interested and expect to attend, let me know on any of the contact details below so that I can ensure I have sufficient equipment available.

Nigel Toms, Community First Responder, South Western Ambulance Service

Contact details: Email: nigel.toms@outlook.com, Mobile: 07818404803, Tel: 01548 830473.  

WHERE ARE THE MODBURY DEFIBRILLATORS?

In the entrance to Modbury Court by the Country Hill Animal Sanctuary Shop in Church Street.

On the MARS Pavilion at the Queen Elizabeth II Recreation Ground in Chatwell Lane.

The defibrillators have full instructions for their use so anyone can use them. They are very safe and easy to use in an emergency if someone’s heart has stopped. Although you do not need to have done the defibrillator to use them, training will give you confidence in using one.
AN AUCTION OF PROMISES & CURRY EVENING

SATURDAY 14 OCTOBER 7:00PM
MEMORIAL HALL, MODBURY. LICENSED BAR

MANY GREAT PRIZES UP FOR GRABS INCLUDING:
GOLF LESSONS • COTTAGE HOLIDAY LONDON EYE
TICKETS • RESTAURANT MEALS
SAIL TRIP • PLYMOUTH NAVAL MUSEUM

TICKETS £10 INCLUDES DRINK & CURRY

IN AID OF
St Luke’s Hospice Plymouth

GET YOUR TICKETS TODAY!
AT PICKLES SHOP!

Modbury Physiotherapy

Michael Ashton (MSc, MHCPC)

- Physiotherapy
- Sports massage
- Acupuncture
- Yoga
- Sports injuries
- Back & neck pain
- Muscle & tendon problems
- Joint pain
- Arthritis
- Whiplash
- Sciatic pain
- Headaches
- Post-surgical

Now taking bookings!
modburyphysiotherapy.com
modburyphysiotherapy@gmail.com
07494 312307
Fifth Sense, Church St, Modbury

Now installing CCTV systems for your home or business!

Specialising in:
Bed Linen
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Unit 9, New Mills Business Park
(opposite the vets!)
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All work guaranteed/certificated
Fully insured/qualified & registered with NICEIC

Call Phil for a free, no obligation quote or callout
Tel: 01548 859041 Mob: 07769 840012
Email: lightworks.electrics@gmail.com
Modbury Parish Council Report

The Parish Council met on the 11th September after the August break. The proposed merger of South Hams and West Devon District Councils was raised during the public forum. Please have a look at the web site https://www.onecouncil.org.uk and register your comments for or against. You have until the 8th October to give your comments.

Charlotte Grosvenor from DCH on the Champernowne Play Park Committee gave a short presentation on what they were doing and the money that they are raising. So far they have raised £30,000. and are looking at the play park being part of a Play Park Trail around Modbury. The committee asked the Parish Council for guidance and help with the ongoing maintenance of the Champernowne Play Park and this will be considered at the October Parish Council meeting.

Once again the issue of potholes was raised and if parishioners come across potholes they should report it via https://new.devon.gov.uk/roadsandtransport/ or contact a Parish Councillor if you do not have internet access. The Parish Council is in the process of buying some material to fill potholes in some of the residential streets around Modbury but cannot do the main roads.

Barry Keel was co-opted onto the Parish Council to fill a vacancy. He started his working life as a teacher but ended up as the Chief Executive Officer of Plymouth Council and then the Isles of Scilly Council.

The Parish council is chasing Bloor to finish the footpath from the new estate to the Palm Cross car park.

Cllr Rufus Gilbert (Devon County Council) reported on a number of items:

• The Request Bus Stop at Palm Cross will hopefully be erected in the near future.
• The Modbury flood relief work will start in January 2018 with completion by July.
• 93% of Devon schools are rated Outstanding or Good, with 95% of people getting their 1st choose of school and 99% getting their first or second choice

Cllr. Beth Huntley (SHDC) reported that the New Mills Industrial Estate signs are still on going and are being chased. She then talked about the proposed South Hams and West Devon District Council merger and the effect this would have on Council Tax.

A meeting is being held between the Modbury Neighbourhood Plan group and the Strategic Planner in the next few weeks to discuss the Joint Local Plan, which is with the Examiner and the Examination is due in January 2018.

At the end of the Meeting Cllr George Rosevear stated that he was standing down from Modbury Parish Council. The Parish Council thanked him for all his hard work for the Council.

New Cycle Parking in Poundwell Park Park, next to the Motorcycle Parking, was installed for up to six bikes by Councillors Bernard Taylor and Chris Barnes to give Modbury and visiting cyclists a secure place to leave their bikes when visiting Modbury town centre. Cycle parking signs will soon be erected to direct cyclists to the stands. Modbury is on a Sustrans National Cycling Route and cycle parking signs will be directing cyclists off this route to encourage them to take a refreshment break in the town.

Chris Barnes

Modbury Community Christmas Card – Get Involved!

Our Community Christmas Card is a fabulous way of sending seasonal wishes to all your friends and colleagues in the local area while supporting Modbury Primary School too.

Beautifully made by the children from our school, it will be displayed in Modbury shops in the lead up to Christmas with the names of everyone who has contributed also listed in the December issue of the Modbury Messenger.

To be included in this year’s card, pop £5 in a sealed envelope along with all the names you’d like included and then hand it to the School Office or Pickles by November 7.
**Fifth Sense**
- Organic essential oils, soaps & skincare products from Materia Aromatica
- Antique & refurbished furniture
- Furnishings & bespoke lampshades
- Many organic, fair trade & unusual gifts
- Now a stockist of Chalk Paint™ decorative paint by Annie Sloan

5 Church Street, Modbury PL21 0QW
www.fifthsense.co.uk or call us on:
01548 831264
Open Monday - Saturday 9am to 5pm

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**PILATES**

**PILATES CLASS**
Modbury Memorial Hall
Wednesdays: 09.30 - 10.30
Aveton Gifford Village Hall
Thursdays: 18.00 - 19.00

Beginner / Intermediate

Pre-booking is essential
Email: abbie@pilates-sessions.co.uk
Pilates focuses on mobilising the joints, good movement and posture.

Trained with Body Control Pilates and
The Register of Exercise Professionals
Smaller classes, tailored to you.

Price per class: £8.50
(booked in blocks of approx 6 weeks)
www.pilates-sessions.co.uk
07870 862139

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**Circle and Meditation Dance Group**
Starting 13th October
MARS Pavilion,
Queen Elizabeth II Recreation Ground, Modbury
Fridays 3.00 - 4.30 pm
£6 per session

No partner needed
Beautiful, graceful, clearly taught, dances
(See Friedel Klare - Edsh the choreographer on YouTube)

“a wonderful way to end the week!”
Contact Jenny Beaven - 01548 830937
jenny@blackhen.plus.com

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**MODBURY MEMORIAL HALL**
Reg Charity 300001
A Superb Amenity
Available to the Whole Community
Offering
“A Large Hall & Stage with 150 plus capacity”
“Adjoining Room for smaller events”
“Large Kitchen for Catering”
“Safe Environment on these Dark Winter Nights”
“A short walk from the Town Centre”
“Car Parking”
On-Line or Telephone Booking
www.modburymemorialhall.co.uk
Tel: Pauline Ryder 01548 830 133

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**ARE YOU PAYING TOO MUCH TAX?**
**ARE YOU GETTING VALUE FOR MONEY FROM ACCOUNTING SERVICES?**
For a free confidential review, and a service second to none
contact:

**MARTIN RANWELL, FCA**
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Chartered Accountants
Kingsway, 10 The Priory, Modbury,
South Devon PL21 0TL
Tel: 07763 926814
e-mail: ranwell@modbury2.eclipse.co.uk
www.elliottpartners.co.uk

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National Quality Local Value!
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mark@eddystonewindows.co.uk
www.eddystonewindows.co.uk

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**Jackie Thomas**
BSc(Hons) Pod., M.Ch.S.
New clinic - familiar face:
Jackie Thomas from Abbey Road Podiatry Torquay has opened a new podiatry/chiropractic clinic in Ivybridge on Saturdays:

8 Erme Court
Leonards Road
Ivybridge
Devon
PL21 0SZ
01752 426075
www.abbeyroadpodiatry.com
feet@abbeyroadpodiatry.com
Harvest at St George’s
Wednesday 4th October

On Wednesday 4th October Harvest Festival Evensong will be celebrated at St. George’s.

Fresh produce and especially tinned and packet foods or other useful household products such as soap, talc, deodorant, washing up liquid etc will be most welcome and will be shared between the Salvation Army, the Shekinah Mission and Plymouth Women’s Refuge.

Please bring donations [or flowers for decoration] to the church on Tues 3rd October am or leave them at the back of the church earlier if that is more convenient.

Everybody Welcome.

If anyone has any coats or sleeping bags to donate to the Salvation Army please phone me on 01752 881385

Helen Pickles

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Puddings and Quiz Night
In aid of St George’s Church

Raffle

Saturday November 11th
7.00pm for a prompt 7.30pm start
In Modbury Memorial Hall

Quizmaster Nichola Winstanley

Another great night out to exercise the brain and tempt the taste buds!

Tickets £5 (to include first pudding) available at Pickles from Wednesday 1st November

Make up a team of 4-10
Buy early to avoid disappointment and then book your table with Sue Chambers on 831447

Bring your own drink, glass, nibbles, bowl and spoon.
Houses to Rent at Palm Cross Going Fast!

Of the eleven houses let so far by DCH in the Palm Cross development, nine have gone to people with a Modbury connection, the remaining two with a South Hams connection. The houses are a combination of five 2 bedroomed houses and two 3 bedroomed houses. There are four more to come so if you or someone you know wants to rent one then sign up to Devon Home Choice and check the weekly lists of properties available. NB You need to register three weeks before you can make a bid. You register at www.devonhomechoice.com. There are 4 more houses to be released this year and then some more in 2019.

Homes are advertised from Wednesday until midnight the following Monday. You can bid for up to 3 homes during this time. Other houses and flats owned by DCH, such as in Champernowne, Poundwell and the Old Tannery also become available from time to time and are advertised on the same site.

To be eligible for these properties applicants must have a local connection to the parish of Modbury in the first instance. Those with a local connection to South Hams would be considered if no applicants meeting the primary connection are found. Local connection details can be seen on the DCH website or in the August & September copies of the Messenger.

To bid you must be registered with Devon Homechoice. To register with Devon Homechoice or for advice about bidding please call 01803 861234, visit www.devonhomechoice.com

DCH Lettings Team – 01872 267372 or lettings@dchgroup.com

There are also shared ownership houses becoming available at Palm Cross. You may be eligible to apply for one of these. For information on shared ownership properties on this scheme, please contact:

DCH Sales Team – 01752 856037 or sales@dchgroup.com

Contacts:

Police Community Support Officer: You have several ways of contacting your local PCSO, PC Ryan Hayhurst, from the Kingsbridge Neighbourhood Policing Team: Tel: 101 Email 101@devonandcornwall.pnn.police.uk

District Councillor (Charterlands Ward): Beth Huntley: Tel: 07565 263894 Email: Cllr.Huntley@southhams.gov.uk

County Councillor (Salcombe Division): Rufus Gilbert. Tel: 01548 856659 Email: rufus.gilbert@devon.gov.uk

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Modbury Messenger Closing Date

The copy date for the November 2017 Modbury Messenger is 10th October. Please send all copy, except for paid advertisements by e-mail to: messenger@modburypc.co.uk.

Commercial advertisements should be sent to the Parish Clerk at parishclerk@modburypc.co.uk

Advertising rates are published on the Modbury Parish Council website www.modburypc.co.uk

The Modbury Messenger is published by the Parish Council and is printed by Kingfisher Print, Totnes. The views expressed in the Messenger do not necessarily represent those of Modbury Parish Council.

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PERSONAL ANNOUNCEMENTS

(Births, Deaths, Marriages, Thanks etc)

£5 per insertion—Max. 50 words (Subject to available space)

The Editorial Committee reserve the right to précis/abbreviate any copy submitted for inclusion in the Modbury Messenger. The contents of the Modbury Messenger may not be reproduced in any form without the prior written permission of Modbury Parish Council.
The Arts Society
Kingsbridge Lecture

The History of the Harp
given by
Sarah Deere Jones

Performing on her own reproduction and antique instruments, Sarah will demonstrate the development and evolving sound and repertoire of the harp throughout its history.

**Wednesday 25th October**
Starts at 7pm for 7.30pm.

**Thursday 26th October**
Starts at 10am for 10.30am.

Lectures held at Methodist Church, 100 Fore Street, Kingsbridge. Refreshments available before each lecture. Free for members. £8 for visitors.
WELCOME TO TWO NEW BUSINESSES IN MODBURY

ROYAL GHURKA SPICE

Modbury’s Indian Restaurant has recently been taken over by a Nepalese family. Mr Jit Tamang and his wife Bhim are now running the freshly named “ROYAL GURKHA SPICE” restaurant. Their two sons Subadh, 18, and Sujan, 24, are also involved with the enterprise.

Jit and his wife grew up in Chitwan in Nepal which is now a National Park with tigers, leopards and one-horned rhinos. It is a very rural area in the sub - Himalayas and many of his family are still there farming rice, vegetables and maize.

Jit arrived in Britain in 2003 and worked in an Indian restaurant in Plymouth. His wife and boys followed in 2006 once he was settled here.

While I was talking with him he recommended two Nepalese specialities on his menu -

• Lamb momo - spiced minced lamb with dumplings (medium)

• Nepalese chilli dry fry - thinly sliced chicken with onions, peppers and chillies (hot)

Jit is very keen to build up the “dining in” side of his restaurant as well as takeaways. He is a very friendly host and you will get a warm welcome from him. I left with a gift of some warm, sugared Nepalese bread (a bit like doughnuts).

Joan Ellis

Circle Celebrancy

A celebrant does just what the name says - celebrates life, marriage, the introduction of a new baby or child into a family, the renewal of wedding vows, the passing of a loved one.

As a Celebrant, I will endeavour to provide a personal and supportive service for you and your family, and allow you to celebrate life, marriage, or birth in the most fitting and sensitive manner possible. I will do my utmost to ensure that your requirements are fully met, with dignity, respect, and of course, laughter, joy, and fun whenever the opportunity may arise. I have a flare for performance, and sensitivity for the grieving in equal measure. I love and embrace life for all of its diversity, culture, and ethnicity. My vision is to bring to life the celebration that you have always envisaged, help you to find the words to speak your mind, to rejoice at the beauty of union or new life, and to hold your hand in your time of need.

I will have my own website - circlecelebrancy up and running soon but in the meantime I can provide you with the information and help you need to plan a ceremony. you can contact me by phone: 07794662903 or email: sarah@circlecelebrancy.co.uk, and can see my details on the UK Society of Celebrants webpage www.UKSOC.com
MODBURY COMMUNITY APPLE DAY
SATURDAY 7TH OCTOBER
At Bistro 35, Modbury, 10am - 12.00 noon
The Modbury Community Orchard group is hiring a large apple press again to help turn your apples into delicious juice. If you don’t have apple trees come along too! We will be harvesting the community’s apples from the Modbury Millennium Meadow, come and taste them and make some juice!
Bring along your spare apples and plastic bottles
- eating apples
- cider apples
- cooking apples
and we can help you make juice for drinking now or freezing. Teas and coffees and cakes available!
All willing helpers welcome! contact Charlotte on 830629 for information
With donations to St Luke’s and future orchard events
Charlotte Rathbone

SOUTH HAMS MOBILE LIBRARY
Saturday 21st October
Ayleston Park 14:45 to 15:30
Poundwell Square 09:30 to 12:30

Tuesday 3rd & 31st October
Ayleston Park 14:45 to 15:30
Poundwell Square 15:35 to 16:35

THE OYSTER SHACK
Weekdays Half Lobster & Fries
£15 or £19.50 with a glass of bubbly, ends Sept 29th
OFFERS LAUNCHING OCTOBER 1ST
Mussel Madness
Mussels of your choice & fries £10 weekdays
Autumn Set Menu
2 courses £14 / 3 courses £16
*offers exclude half term periods
www.oystershack.co.uk
01548 810 876
October walk dates:
- 3rd October
- 10th October
- 17th October
- 24th October
- 31st October

Contact Modbury volunteer walk leaders:
- Sue Rogers (831289)
- Sandra Sidey (830582)
- Catherine Speight (830195)
- Monica Yunnie (831049)
- Louise Evans (Active Devon)

Walking for Health Co-ordinator
louise.evans@activedevon.org
Tel: 01392 925150

Family Harvest Supper
with all age quizzes
Sat 7th October
6.00pm
in
St George's Church
Adults £5 children £2.50
pre-school free
Tickets at Pikles from 30th Sept

Bring you own cutlery, plate, bowl, glass and drink.

Modbury W.I.
Back on Programme

After the summer recess the autumn W.I programme had a great start with Julie Turner regaling members with her stories of ‘The Life and Loves of a Store Detective.’ Julie embarked upon her career at the tender age of 18 and relished the job. It was helpful that she was young and fleet of foot enough to give chase through the streets in pursuit of those miscreants who resisted her citizen’s arrest. An hilarious yet thought provoking insight into the perils of crime detection behind the scenes of supermarkets and chain stores.

A new project for the Modbury W.I, still in its embryonic stage, is the setting up of a Makers’ Group which has received much enthusiastic support. The group’s emphasis will be on learning new and enhancing existing craft skills in a communal setting where speakers can be invited and members’ knowledge shared.

Jeremy Wells will be speaking ‘All about the Bees’ at the next meeting, 7.30pm on 6th October at the MARS Pavilion, Elizabeth II Recreation Ground, Chatwell Lane, Modbury, PL22 0RD where the parking is free. Guests and potential new members are very welcome to come along and join the talk.

Rosemary Parker

Boat Talk:
Thursday 19 October 8pm, Modbury Inn.
Resuming for the darker evenings - an informal get together to talk about anything to do with boats.
Tim Beavon tim@cospectrum.co.uk 01548 830937

Modbury Local History Society

The next meeting will take place on Wednesday 11th October at 7.30pm in the White Hart Assembly Room. We look forward to welcoming Tim Blyth from East Prawle. He will be presenting a Film Show and Talk entitled BYGONE SCENES OF SOUTHERN SOUTH HAMS. Come along and see how many places you can recognise!

David Mitchell (Tel. No. 830 446)

SHAF Arts Trail October 14th - 29th
60 talented artists are exhibiting across the South Hams in a variety of different venues and look forward to welcoming you to enjoy their work! Brochures for the event are available at many local outlets.

Or find us online: www.shaf.org.uk/the-arts-trail.html or on Facebook: South Hams Arts Forum
MODBURY SHORT MAT BOWLS CLUB
Modbury Short Mat Bowls Club meets on Tuesday afternoons at 2pm. Over 60s only (sorry). New members always welcome. We are a friendly, non-competitive club and no experience is necessary. Why not come for a cup of tea and a free ‘taster’ session. Transport may be possible. If required ring Margaret Romney on 831173

Margaret Romney

GUIDE DOGS FOR THE BLIND
COFFEE & CAKE SALE
WE WILL BE HOLDING A COFFEE AND CAKE SALE IN THE COURTYARD OF MODBURY COURT ON SATURDAY 7th OCTOBER AT 12NOON
COME ALONG AND BUY CAKE AND ENJOY A CUP OF COFFEE. THERE WILL BE SEATING AND ENTERTAINMENT

IT’S FOR YOU – WHY NOT USE IT?
MARS SPORTS AND COMMUNITY FACILITY
We now have a fully equipped community facility on the Recreation Ground – including a large multi-purpose Events Room for up to 60 people, catering facilities, sport changing rooms and showers, disabled facilities and access, plus extensive free parking.

- Extremely competitive hire rates
- Ideal for children’s parties and private social events
- Choir/band practice
- Training and meeting events
- Keep Fit, Yoga, Pilates classes
- Art classes etc.

Check availability/rates, book online or contact us at:
www.marsport.org

MODBURY TENNIS CLUB
Club sessions: 6.30 pm until dusk Thursday evenings and 10am until midday Sunday mornings.
We have two courts and a small pavilion. Please contact us about how to join or use as a visitor.
Modbury Tennis Club welcomes new members.
Contact: Paul Eden, tel: 01548 831064
Email modburytennisclub@btinternet.com

ANGEL HEART THEATRE
ARE COMING BACK TO KINGSTON READING ROOM WITH ANOTHER MAGICAL PUPPET SHOW
MALINA’S DREAM
“A SPELLBINDING SHOW FOR EVERYONE OVER 4”
SUNDAY 26th NOV, 2.30 pm
Advance Tickets on sale from Rachel Hardy, Prospect Cottage, Kingston.
Phone 01548 810440
Adult £7.50; Child £5; Family £20 (2 adults & 2 children)
(On the door Adult £10; Child £7; Family £25)
Sponsored by Kingston Reading Room for the Community

MODBURY SHORT MAT BOWLS CLUB
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Sponsored by Kingston Reading Room for the Community
Ivybridge/Kingsbridge Gazette Village Voice

For a few years I have tried to let people outside of Modbury what is going on in the town through the Village Voice section of both the Kingsbridge and Ivybridge versions of the Gazette. My piece is not always in both it just depends on how much space they have. As we fall between the two towns, we are often seem to slip between the two and so to encourage people to visit us, our shops and businesses I try to flag us up with the hope that it will encourage more people to visit.

To this end I would welcome hearing from anybody with an event or anything of interest to readers of Village Voice because if I don’t about know your piece of news or event then I cannot write about it! Please either email me nicola.shepley@hotmail.co.uk or telephone 830193. I usually write when I am in the TIC on a Monday afternoon so I do need items by Monday lunchtime please.

Nicky Shepley

MODBURY BADMINTON CLUB
Memorial Hall
Tuesdays 7.30 – 10 pm
(September to May)
New members always welcome
For further information please contact:
Gill Jolly Tel: 01548 831263

I’ve got money 4 U
Any person residing in Modbury Parish who is leaving school to start higher/further education or a training scheme is ENTITLED to a small, one off, grant from the Modbury Education Foundation
Please apply by 20th October 2017
with brief details of the course to
awoods631@btinternet.com

piano lessons for young children .................with a difference
Piano lessons which use the “mother tongue” method of learning are accessible to very young children, and have been shown to work for ALL children. We learn to speak by listening to others, and so we can learn to play by listening to music. The best time to start is between the ages of 3 and 6.

If you are interested and prepared to have a real piano in your home, come to observe some lessons and think about whether you would like to provide this opportunity for your child. For the children this is a painless and straight-forward way of learning about music. For the parent it requires some effort (attendance at lessons and help with practice at home), but you do NOT need to be musical in order to support your child’s learning.

I teach at home in a lovely environment about 7 minutes drive from Modbury. If you would like to talk about lessons then please call or email me, Jo Highley, on 01548 830800 jo@springbankmusic.co.uk.
Technical help with computers, tablets, iPads and smartphones or lessons in your own home to teach you new skills. Chris is an experienced electronic engineer and Lynne is a teacher with many years experience of teaching adults and children.

Thursday 12th October
2pm, Modbury Memorial Hall

COMPUTER CLUB

Everyone welcome, whether you have a PC, Mac, iPad, Tablet or Smartphone to discuss your projects or problems.

For further details or to book private tuition or computer technical issues call Lynne 07806559465 or Chris 07722254064 or email bcsmodbury@gmail.com

Newton Ferrers Equus

Pony Club
Holiday activities
Birthday Parties
Kids club

Indoor and outdoor riding for all weather conditions
Newton Downs Farm, Newton Ferrers PL8 1JA
01752 872807 - www.newtonferrerequus.com
PAUSE FOR THOUGHT

Back to CLANGing: CONNECT - LEARN - be ACTIVE - NOTICE - GIVE
This month-LEARN

There is always something new to learn each and everyday no matter your age or ability. This summer saw many of our Modbury youngsters achieve great things, GCSEs, A levels, Degrees, Apprenticeships, moving them onto new stages in their lives. We couldn’t be more proud of them and in awe of their capabilities. Many others learnt new skills, skills in sport, art, and music for instance. Learning is great, whether it is remembering the name of a plant, a new word whilst doing a crossword or learning how to use an I-pad. Learning is good for us, for our mental and physical wellbeing. We have learning opportunities right on our doorstep, some can open up our world to new possibilities. Learn to use an I-pad with Lynne and Chris Barnes who also run a computer problem solving session each month, where you can ask any techie question and they’ll help you. Join the WI, there is always a guest speaker. In August the members learned about ‘contacting your inner health’ with Dr Jonathan Clarke and then there’s the History Society, Probus, the U3A (University of the 3rd Age) in Ivybridge where you can learn anything from bee keeping to wine tasting. You can knit and natter, learn to sew, learn to play the piano, have a lesson in mosaicking.

Just think - we are never to young to start learning and never to old to stop. Acknowledge and be proud of each learning achievement no matter how small it may seem and know that you are doing yourself the world of good.

Sarah Wyatt
ADVERTISING RATES MODBURY MESSENGER AUGUST 2017

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Advertisement Sizes:
- One eighth page
- One quarter page
- One half page
- Full page

Portrait or Landscape 1.75” x 2.5” (45mm by 65mm)
Portrait 3.5” x 5” (90mm x 130mm) Landscape 7” x 2.5”
Landscape 7” x 5” (180mm x 130mm) Portrait 10” x 3.5”
Portrait 7” x 10” (180mm x 250mm)

To advertise in the Modbury Messenger, contact the Parish Clerk on 01548 830222, email parishclerk@modburypc.co.uk or call at the Parish Office, 2 Galpin Street between 2pm and 4pm Mondays.
Retired or no longer working full time?
Keen to meet people, learn new things, have new experiences?
**IVYBRIDGE U3A**
could be just what you are looking for!

* * * * * *

**ANNUAL GENERAL MEETING**
to be held at the
**THE WATERMARK, Ivybridge**
on Monday Oct 16th at 2.00pm followed by Guest Speaker *Val Bugden Cawsey*

**Growing Old**
**Disgracefully**
(Part 1)

New and potential members welcome.
The U3A offers a wide range of interest groups for you to join including Walking, Looking at Art, Dartmoor Archaeology, Etymology, Bridge, Tai Chi, Local History – and many more.

See our website for full details **www.ivybridge-u3a.org.uk**
Or email **ivybridge.u3a@gmail.com**
Or phone **01364 724700**

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**Harvest 2017 at St. George’s Church**

**Wednesday 4th October 6:30 pm**
Harvest Evensong

**Saturday 7th October 6:00 pm**
Family Harvest Supper with All Age quiz

Tickets: Adults £5 - Children £2.50 Pre-School Free
at Pickles Hardware from 30th September
Bring your own cutlery, plate, bowl, glass and drink
All Welcome
Proceeds to Shekinah Mission

**Sunday 8th October 9:30 am**
Family Harvest Service