



**November 2014**

**To book a lift** to/from the Health Centre or Kingsbridge or Plymouth Hospitals, contact Reception at the Health Centre, 01548 830666.

### **Christmas Grand Draw**



### **Experiences of a Modbury Caring driver-the care in Modbury Caring**

Most journeys are simple trips to the Health Centre, but occasionally something crops up which is very unusual. The following account demonstrates the commitment of one driver.

‘Thursday: Took an 85 year old patient to Derriford Assessment Unit for tests from 8.00 am to 4.30 pm. Friday: Second visit for further tests 12.30 to 8.00 pm Wednesday: Third visit (and diagnosis) 11.00 am to 6.00 pm’.

In all, a total of 17 hours spread over 3 days. What an example of the care in Modbury Caring! Thank you so much to the driver concerned – and thank you, too, to other drivers who do, normally shorter, but equally important journeys.

Could you be a Modbury Caring Driver? Contact Michael Tagent on 01548 810520 for further information. Drivers are paid expenses, but use their own cars and give their time free. Please note that we do **not** charge for transporting clients, but invite contributions towards our running costs.

Modbury Caring: Charity number 1070237- ‘to relieve patients residing in the area covered by Modbury Health Centre, by providing and assisting in the provision of facilities, support services and equipment not normally provided by the statutory authorities’. Newsletter contact: allowayjudy1@gmail.com

Christmas is coming! Please call in at the Health Centre and buy your tickets, £1 each, for the Grand Draw, on sale from November 12<sup>th</sup> There are amazing prizes to be won! A turkey dinner; a Christmas cake; dinner for two at the Exeter Inn; an organic veg.box; etc; etc. The Draw will take place on December 17<sup>th</sup> at Modbury Health Centre.

Modbury Caring provides transport and befriending services free to all at the point of delivery, but we need some funds to support our activities. The Draw is one important way of doing this. Please support us this Christmas.

## Befriending



In August the volunteer befriender team met Sheila Harrison, our new Befriending Co-ordinator, for afternoon tea. A pleasant occasion for all, and a chance for our befrienders to raise issues and talk about their experiences with Sheila, and with Bill Cole, the Chair of Modbury Caring. It is hoped to have further meetings like this. Many thanks to those who made the delicious scones and cakes and who helped with the event.

Sheila reports that there are now 18 active befrienders, (2 are currently not available) 14 of whom are matched with clients. Recent referrals have been both private and from the Kingsbridge and Ivybridge Complex Care team. Please note that Sheila is liaising with local care homes, for example the Korniloff Residential Home in Bigbury-on-Sea, to provide a befriender for those who would like a regular visit. If you know someone who would like a regular visitor please encourage them to contact Sheila as follows:

**Tel.** 07554 997140

**Email** modburycaring@gmail.com

**Drop In** at the Modbury Parish Office, by the Co-op. from 10-11am on Wednesdays

## Modbury Caring 100 Club

The winners of the monthly draw were:

August	£25 Jenny Harvey
	£10 Michael Tagent
September	£25 Susan Wright
	£10 Pat Holness
October	£25 Steve Chapman
	£10 Carol Lavers

### Sign up now and win the prize for being the 100<sup>th</sup> member!

If you would like to join, just complete the form from the Health Centre and get in line for the monthly prize draw. It only costs £12 a year to enter. Those joining after October 1<sup>st</sup> 2014 will be treated as members until the end of 2015.

## Calling the Friends of Modbury Caring

Thank you for your generous support this year, it is much appreciated. We will be writing to you in late December to invite you to renew your membership. Friends pay a minimum annual subscription of £15. Membership forms can be picked up in the Health Centre.

## A very Happy Christmas

to all our clients, volunteers, Friends and supporters, *from* all of us at Modbury Caring



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